



2026 Eden Epic Racer Guide

Welcome to the 2026 Eden Epic!

Greetings, racers!

Thank you for choosing to spend your day with us on the trails. We know this year's reroute wasn't part of the original plan, and we sincerely appreciate everyone's flexibility. We've worked hard to create an incredible backcountry adventure that still captures everything the Eden Epic is about—epic scenery, challenging trails, and an unforgettable day on the bike.

Please read through this guide carefully so there are no surprises on race day.

Course Information

The 2026 Eden Epic will remain a **continuous loop**, meaning **no shuttle is required**.

Start & Finish Location

Liberty Park

Liberty Park, N Hwy 162

Eden, UT 84310

The course will be marked using:

- Eden Epic directional signs
- Colored engineering ribbon
- Ground arrows where needed

GPS Route Files (Highly Recommended)

I accidentally modified the map links earlier this week (my mistake!). The links below are the correct, finalized routes with downloadable GPX files.

Full Course (Rerouted)

<https://ridewithgps.com/routes/56015924>

Eden Epic Lite (Short Course)

<https://ridewithgps.com/routes/45602429>

Please Download the Route

Even though our volunteers spend many hours marking the course, every year some trail markers unfortunately disappear. Because this is a true backcountry event, every rider should be prepared to navigate independently if necessary.

Please download the GPX file to your GPS computer or phone before race day.

Being self-supported is part of the Eden Epic experience.

Full Course Cut-Off Time

To ensure volunteer safety and adequate course support, there will be a **mandatory cut-off** for Full Course riders.

Aid Station 3 – Divide Road

Mile 34.2

3:30 PM

If you arrive after 3:30 PM, you have two options:

Option 1 (Recommended)

Follow the **Pioneer Trail** back to Liberty Park using the Lite Course finish.

You'll still receive your official finish.

Option 2

Continue riding the Full Course after turning in your number plate.

Please understand that:

- Volunteer support may no longer be available
- The final aid station may be closed
- Finish line festivities may be winding down

We truly hope everyone gets to experience the full course, but this cut-off helps us responsibly support the event.

Trail Etiquette & What to Expect

The Eden Epic is NOT a closed race course.

You will encounter:

- Motorized vehicles
- Hikers
- Trail runners
- Horseback riders
- Other mountain bikers

Please be respectful of all trail users. Good trail etiquette helps us continue receiving permits and keeps positive relationships within our outdoor community.

Expect a True Backcountry Ride

This isn't a groomed bike park experience.

Expect:

- Long climbs
- Fast descents
- Remote terrain
- Open roads
- Exposure to sun
- Brush and overgrowth
- A little bit of wild

Nature has been busy reclaiming parts of these trails, so come prepared for a true backcountry adventure.

Two-Way Rider Traffic

The Lewis Peak section of the Full Course includes an out-and-back, meaning you'll encounter riders traveling both directions.

Ride under control and be courteous when passing.

Bike Bells

Bike bells will be available at check-in.

We personally love riding with bells because they create positive interactions with other trail users.

Using one is completely optional—but encouraged.

If you borrow one, simply return it after the race.

Packet Pickup

Friday, July 17

4:00 PM – 7:00 PM

Bikers Edge

232 Main Street

Kaysville, UT 84037

A friend may pick up your packet if needed.

Please support Bikers Edge—they've been incredible partners for this event and are a great place for any last-minute gear or mechanical needs.

Parking

Parking is available at Liberty Park and surrounding neighborhood streets.

Carpooling is encouraged whenever possible.

Please use the preferred parking locations shown on the event map.

Race Morning Schedule

6:45 AM

Mandatory Pre-Race Meeting

7:00 AM

Race Start

We'll begin with a **neutral rollout** at approximately **10–12 mph** along the paved road.

Once we reach the gravel at Avon Pass Road (the traditional start area), the lead vehicle will pull away and racing officially begins.

The early start helps everyone reach higher elevations before the hottest part of the day.

Drop Bags

Need extra supplies?

Bring a drop bag on race morning clearly labeled with:

- Your name
- Race number

We'll transport it to:

Aid Station 3 – Divide Road Mile 34.2

If there's something you absolutely don't want to ride without later in the day, this is your best option.

Aid Stations

There will be **three fully stocked aid stations** throughout the course.

Expect:

- Energy gels
- Bars
- Chips
- PBJ
- Fresh fruit
- Water

- Electrolyte drink mix - Redmond Relyte
- Carb Drink mix - Formula 369
- A few surprise treats

Aid stations are volunteer staffed but operate as self-service.

If you have very specific nutrition needs, please carry those items yourself or include them in your drop bag.

Aid Station Locations

Aid Station 1 - Weber-Davis Mountain Biking

Mile 16.3

Willard Peak Road

Aid Station 2 - BACON STATION!!!

Mile 23.1

Willard Basin (Singletrack Split)

Elevation gain to this point:

5,353 feet

Aid Station 3 & 4 - GOAL Foundation

Mile 34.2

Divide Road

- Lite Course returns to Liberty Park via Pioneer Trail
- Full Course continues to Lewis Peak

Full Course riders will visit this location twice.

Finish Line Celebration

Cross the finish line and enjoy:

- Music
- Great food
- Cold drinks

- Cold towels
- Friends and family
- The satisfaction of earning your dirty grin

(All beverages provided will be non-alcoholic.)

There will also be family-friendly activities to keep everyone entertained while you're out earning your finish.

Nacho Party!

New this year...

We're throwing a **Finish Line Nacho Party!**

Our amazing volunteers will be serving nachos for racers and spectators.

You've earned them.

Rider Photo Contest

Help us tell the story of the race.

Capture your favorite moment during the event and submit your best full-resolution image.

Deadline:

Thursday, July 23

Email: edenepic@Wildenet.com

The winner will receive an awesome prize package from our sponsors and the finalists will be voted on by the community on Facebook.

Raffle for Local Trails

One of the best parts of the Eden Epic is giving back.

This year we're proud to partner with **Eden Valley Trails**, whose volunteers work tirelessly to build and maintain the incredible trails we all enjoy.

Every raffle ticket purchased helps support future trail projects.

Tickets

- \$5 each
- 5 for \$20

We've received amazing donations from:

- ENVE
- Bikers Edge
- Hubsessed
- Valley Market
- Health Insight
- Lee's Marketplace
- and many more!

Bring a little extra cash—you might go home with something awesome while helping build even better trails.

E-Bike Riders

Need a battery swap?

We can transport **one spare battery** to:

- Aid Station 1 (May bring to packet pickup Friday)
- Aid Station 2 (Contact me directly)

Please contact us before race weekend to make arrangements.

We cannot accept battery drop-offs on race morning for these aid stations.

A spare battery may also be placed in your Divide Road drop bag if preferred.

Most Important of All...

Ride smart.

Ride prepared.

Help fellow riders when needed.

Say thank you to volunteers.

Enjoy the incredible trails.

Most importantly...

Have an EPIC day.

We can't wait to see everyone on the starting line!

I think this version will be much easier for racers to follow. The important items (GPX download, cut-off time, neutral rollout, trail etiquette, and aid station information) stand out much more, while the tone still feels welcoming and adventurous. Adding a few icons or colored callout boxes in your final PDF (for example, ⚠️ for important notices, 📍 for locations, 🍴 for food, and 🎟️ for raffles) would make it even easier to skim on a phone.

Please contact us if you have any questions. See you soon!

Josh Wilde, Race Director

Edenepic@wildenet.com

[801-941-1042](tel:801-941-1042)

Parking in Yellow - Please Avoid parking near Red Highlighted areas

Save Share Edit More

Eden Epic 2026 Final

By **Josh Wilde**

MOUNTAIN BIKING

Details Reviews & Comments (0)

48 mi + 8,712 ft 22.9 %
00:00 - 8,712 ft -22.9 %

UPCOMING EVENT

Eden Epic 2026
Hosted by **Josh Wilde**

☒ You Joined

Saturday, July 18, 2026
7:00 AM-7:00 PM MDT

2 Joined

[View Full Event](#)

[Export GPX File](#)

Short Course Eden Epic route with Lewis Peak out and back addition.
[Edit](#)

